



## Important Information

### 1. Directions:

a. *From the Valley:*

Take the 101 Freeway to Kanan Rd and go west to Pacific Coast Highway (12 miles). Turn Right on PCH. The Zuma Beach Parking Lot is approximately  $\frac{3}{4}$  miles north on your left hand side.

b. *From Los Angeles:*

Take the 10 west to PCH north. The Zuma Beach Parking Lot is on your left hand side approximately  $\frac{3}{4}$  miles north of Kanan Road.

### 2. Parking & Shuttle:

a. Parking is extremely limited; we strongly suggest arriving before 6:00am and carpooling.

b. The Zuma Beach parking lot will open at 4:30am and will be **\$5.00** for race participants entering before 7:00am, but no exit allowed until after 10:30am. **Please have exact change.**

c. Please note, the Zuma Beach parking lot is extremely dark in the morning. **For your safety, do NOT ride your bikes and bring a headlamp and/or flash light. Please beware of speed bumps.**

d. There is NO parking in the following areas (**cars will be towed**):

i. On PCH

ii. On the beach side of Westward Beach Road

e. Once the main Zuma lot is full, staff will direct cars to park at Point Dume. From there participants have the option of riding their bike to the site or taking the shuttle that will be provided. The shuttle will run beginning at 5:00 am from Point Dume to the main event site and the last shuttle will leave at 7:00 am. Shuttles back to Point Dume from the main event site will begin at 10:30am and end at 12:30 pm.

f. There is also EXTREMELY LIMITED overflow event parking available in the staff lots at Malibu High School, located at 30215 Morning View Road, as well as parking behind the school in the upper lots.

### 3. Packet Pickup:

a. Packet pickup on Saturday will begin at 1:00pm and conclude at 5:00pm at Zuma Beach.

b. Packet pick-up and body marking will be available at the race site from 5:15am – 6:45am on Sunday, but expect to wait in line! We strongly recommend picking your packet up on Saturday.

c. Friday packet pick up is exclusively for the Saturday Herbalife International Distance athletes. **YOU WILL NOT BE ABLE TO PICK UP YOUR PACKET ON FRIDAY!**

d. **You must bring a photo ID to check in.**

- e. If you are an annual member of USAT, you must show your USAT card when checking in to avoid paying a \$10 one-day membership.
  - f. **You may NOT pick up another person's packet nor may someone pick up your packet on your behalf.**
  - g. Check in will be by bib number. Please look up your bib number by last name and sign a waiver before coming to the registration table.
4. **Wristband**: All racers will be given a **YELLOW** wristband with their packet at registration. Any racers not wearing a YELLOW wristband will not be allowed in the transition area at any time! Please put the wristband BEFORE you arrive at the event site.
5. **NEW! Bike Drop**: Athletes participating in Sunday's Classic Distance Race may rack their bikes in the transition area beginning Saturday at 1:30pm – 5:00pm. Overnight security will be present.
6. **Timing & Disqualifications**:
- a. This is a chip-timed race! Your chip must be worn on your ankle at ALL times, with NO EXCEPTIONS! Failure to do so will result in immediate disqualification and you will not be timed. Chips will be collected at the finish line. A \$30 fee will be charged to all racers who do not turn in their chips.
  - b. Some common disqualifications are: Glass in the transition area, helmet chinstrap not buckled, missing bar-end plugs, starting in the wrong wave (please double-check to make sure you are starting in the appropriate wave!) and drafting. No iPods or MP3 players will be allowed.
7. **Pre-Race Meeting**: At 7:00am, a mandatory pre-race meeting will be held at the stage to discuss race procedures/safety. The transition area will be closed from 6:55am to 10:00am.
8. **Course**:
- a. ½-mile swim parallel to the coast. The water temperature in general is in the mid 60's and we strongly recommend wetsuits.
  - b. 18-mile bike through rolling hills along PCH. Ansi/snell approved helmets are required. **Use caution on the bike and go slowly over speed bumps to avoid flats.**
  - c. The run is a 4-mile out and back run, stay to your LEFT, water and Accelerade will be available every mile.
9. **Swim Clinic**: A free ocean swim clinic will be held at Zuma Beach on Sunday, September 10<sup>th</sup> at 10:30am. Meet LA county lifeguards at Tower 9 and be prepared to swim. There will be a \$10 USAT one-day permit fee for insurance on this clinic. USAT annual license holders will not need to pay the fee if they present their current USAT card. Visit [www.nauticamalibutri.com](http://www.nauticamalibutri.com) for more details. **Please RSVP to [info@nauticamalibutri.com](mailto:info@nauticamalibutri.com).**
10. **Nautica Kids Run and Tot Trot**: We strongly encourage all parents to bring their kids along, because this is going to be some great fun in the sun! All kids 12 and under are invited to participate in the 50-100 yard beach dash - the Nautica Tot Trot. Registration is \$20 and all proceeds go directly to Children's Hospital Los Angeles. Entry includes a Nautica t-shirt, race bib, finisher medal, and goody bag. Sign up now by visiting <http://nauticamalibutri.kintera.org>.

**11. Fun Zone:** The Nautica Malibu Triathlon Fun Zone will be excitement and inspiration for children of all ages. Enjoy endless fun while you get your picture drawn by a professional caricaturist, have your face painted and get a dazzling airbrushed tattoo. Enjoy the chance to win prizes during numerous thrilling games and activities. Express your imagination and creativity by making various crafts to take home!

## Schedule of Events

### Saturday, September 17

- 11:00am Sand Castle Demonstration Begins
- 1:00pm Packet Pickup Opens  
Body Marking  
Sponsor Expo Opens  
Please note:
- All participants must bring a photo ID to check in.
  - All USAT members must bring their USAT license to check in.
  - **NEW! Bike drop off will begin at 1:30pm.** Overnight security will be present.
  - Please note that there is a **\$5** parking fee if you park in the Zuma Beach parking lot to pick up your packet on Saturday. Please have exact change.
  - While packet pickup is available on Sunday, we **HIGHLY RECOMMEND** that you check in on Saturday to avoid long lines Sunday morning.
- 5:00 pm Sand Castle Demo Ends  
Packet Pickup Closes

### Sunday, September 18

- 4:30am Zuma Beach Parking Lot Opens
- Please note that there is a **\$5** parking fee if you park in the Zuma Beach parking lot on Sunday. **Please have exact change.**
- 5:15am Packet Pickup Opens  
Body Marking Begins  
Transition Area Opens
- 6:45am Packet Pickup Closes
- 6:55am Transition Area Closes – All athletes **MUST** clear transition area, **NO EXCEPTIONS.**
- 7:00am **Mandatory Pre-Race Meeting at the Main Stage**
- 7:15am Classic Distance Race Start!

Sponsor Expo Opens

- 8:00am Donor Brunch Opens  
Fun Zone Opens  
Nautica Kids Run and Tot Trot Registrations Available (if not sold out)
- 9:45am Nautica Kids Run and Tot Trot Start at Main Stage
- 10:00am Presentation to Children's Hospital Los Angeles  
Celebrity Division Awards Ceremony  
Transition Area Re-Opens
- 10:30am Competitor Awards Ceremony
- 10:55am All Bikers off Bike Course
- 12:00pm Fun Zone Closes  
Donor Brunch Closes